

QUESTION BANK

Panchakarma Department

3 marks question

1. Write Panchkarma during sharad rutu?
2. Explain Ashta mahadoshkar bhava?
3. Explain Panchkarma parihar vishya?
4. Explain Ushnodhak?
5. Explain Indication of snehan?
6. Describe Samyak Swinna lakshanas?
7. Explain – Vishgharb tail.
8. Explain panchtikta ghrit.
9. Explain tail Droni?
10. What is the Importance of Eranda taila in Virechan?
11. Explain Ichhabhedhi ras.
12. Explain Talam
13. Write sammelan vidhi of niruha vasti.
14. Smayak yogas of vasti?
15. Asmayak yogas of vasti
16. Smayak yogas of Nasya?
17. Asmayak yogas of nasya?
18. Describe Types of Nasya according to charak?
19. Describe Types of Nasya according to sushruth and vagbhat?
20. Write the Indications of nasya?
21. Describe Contraindications of nasya?
22. Describe Prayogik dhoompan kaal?
23. Explain Dhoompan Nasya?
24. Explain Dhamapan Nasya?
25. Indications of raktmokshan?
26. Contra indications of raktmokshan?
27. Explain RAKta dushti hetu?
28. Write Types of raktmokshan
29. Describe Savisha Jalauka?
30. Describe Nirvisha jalauka?
31. Explain Mahagad?
32. Explain Jalooka sangrahan vidhi?

33. Explain ghati yantr
34. Explain Niragni sweda
35. Explain Bahudosha lakshana?
36. Sadya snehana
37. Anagni sweda
38. Tapa sweda
39. Samyaka swedana symptoms
40. Kosta parikshan.

5 marks question

1. Describe the Tarpanadi karma after shodhan
2. Explain Mand, Peya, Vilepi And Yusha
3. Explain Trividha pariksha?
4. Explain Avastha of prakop?
5. Explain Dwi vidho upkarma
6. Importance of panchkarma in rasayan?
7. Explain Sansarjan karma
8. Importance of poorvakarma in shodhana?
9. Importance of of panchkarma in health?
10. Describe Karnapurana vidhi
11. Swedanopaga gana
12. Six modalities of treatment
13. Benefits of shodhana
14. Importance of pachana before snehana?
15. Explain Shirobasti
16. Describe 4 types of swedana according to sushruta
17. Describe paschat karma of vaman
18. Vaman samyak yoga
19. Dose of vama dravya
20. Mode of action of vaman
21. Importance of dhoompan
22. Poorva karma of virechana
23. Virechan atiyog
24. Contraindication in virechan?
25. Describe the importance of lateral position of basti dana
26. Vasti types according to sankhya?
27. Explain Lekhan basti
28. Samyak yoga lakshana of niruhabasti
29. Describe Basti yantra
30. Describe Pratimarsha Nasya and its kala?
31. Paschat karma of Nasya?

32. Describe in short- Nasya Karmukta
33. Explain the shloka - "Nasa hi shirso dwaram" in detail.
34. Describe Kaval and gandush?
35. Describe Properties of navan nasya
36. Describe Useful drugs for Nasya
37. Describe contraindication and yoga kala for raktmokshan
38. Types of raktmokshan
39. Types of Jaaloka?
40. Paschat karma of jalookaavcharan?
41. Indications and contra indications of jalookaavcharan?
42. Explain Prachan vidhi
43. Indication and contra indication of raktmokshan?
44. Describe the infra red therapy
45. Electro magnetic therapy.

15 marks

1. Describe accha sneha and give types of snehapan based on dosages with their respective indication.
2. Describe thirteen types of sweda explained by charaka.
3. Explain importance and indication of samshodhana?
4. Explain vicharna sneha and describe snehavyapada along with their treatment.
5. Describe importance of virechana karma and explain various type of virechanadravya.
6. Describe importance of kaphotkleshan in vaman karma and vaman vidhi in detail.
7. Describe vamak and vamanopega dravya with reference to charak samhita?
8. Describe importance of kostha parikshan in virechana karma and indication of virechana with reason
9. Explain types of nasya in detail with example.
10. Explain anuvasan basti vyapad and its management
11. Describe various type of raktmokshan and its importance in treatment in detail.
12. Describe general principles of physiotherapy and its importance in panchkarma
13. Describe method of jalaukavacharna and shira vedh vidhi and its importance indetail
14. Describe different bahya snehana methods with details of murdhini taila.
15. Write Vamya-avamya and explain vaman vidhi in detail?
16. "Swedastu Dosham Nayati Dravatwan" – explain the sutra and describe swedan vidhi.
17. Explain panchkarma in ashtang ayurved and significance of shodhana.
18. Write complication of vaman and virechan. Writev their causes and treatment.
19. Write down laigiki, Vegiki, Antiki, and Maniki Shuddhi of vaman.
20. Write down laigiki, Vegiki, Antiki, and Maniki Shuddhi of virechan
21. Describe importance of Basti and also explain madhutailik basti.
22. Describe importance, definition, properties, indications and dravyas of rukhshana.

23. Explain the following shloka – “ tatra ushna teekshna, sookshma,vyavayi.....” along with mode of action from modern point of view and also explain vaman in detail.
24. Explain various virechana drugs in detail and also explain mode of action of virechana through modern point of view
25. Elaborate virechana purvakarma in detail
26. What is meant by Anuvasan basti? Write details about sneha basti, matra basti and anuvasan basti.
27. Explain in detail shaka- koshtagati of dosha
28. Elaborate the karmukta of swedan and write its ayoga, atiyoga and samyaka yoga with examples.
29. Describe samyak yoga, atiyoga Vyapad and treatment of raktmokshana in detail
30. Explain definition, types and importance of Niruha basti, also explain niruh basti karmukta.
31. Write methods of abhyantar snehapan in detail.