

**DATTA MEGHE AYURVEDIC MEDICAL COLLEGE HOSPITAL AND
RESEARCH CENTRE, WANADONGRI, NAGPUR**

QUESTION BANK

DEPARTMENT – KAYACHIKITSA

3 Mark Questions -

1. Define *kaya-chikitsa* in short and Explain *mutra-pariksha* according to *yogaratanakar*.
2. Explain characteristics of '*vaidya*' in details
3. Explain oja
 - a. *Vyapat* b. *Visramsa* c. *Kshaya* and its *Chikitsa Sutra*.
4. Explain '*dosha-gati*' in detail
5. Name six '*kriya-kala*' and explain importance of '*Prakopa*' in management of diseases.
6. Define food allergy with its management.
7. Name the '*aushadh sevana kala*' according to *sharangdhara* and *charaka*.
8. Explain *Dwitiya aushadh sevana kala* according to *charak-acharya*.
9. Explain *chikitsa-sutra* of *shukravaha strotasa* in details.
10. Explain *Samprapti* and *Chikitsa-Sutra* of *shotha*.
11. Explain three types of treatment described in *Ayurvedic* classical texts.
12. Write a short note on *Wardhaman Pippali Rasayana*
13. Write a short note on *Kutipraveshik Rasayana*
14. Describe *Achar-Rasayana*?
15. Describe management of Status Asthmaticus.
16. Enlist investigations required in myocardial infarction.
17. Enlist causative factors for Hyperpyrexia.
18. Describe management of renal colic.
19. Enlist clinical features of Pancreatitis.
20. Explain treatment of *Jalodar* according to *Ayurveda*.
21. Explain role of *Rasayan* in management of *Manas roga*.
22. Explain *Purvakarma* of *Rasayan Chikitsa*.
23. Enlist causes of Depression.
24. Enlist types and *hetu* of *Prameha*.
25. Enlist clinical features of Dyslipidemia.
26. Explain role of *Anupan*.
27. Explain types of Agni.
28. Explain genetic diseases.
29. Explain management of *lina dosha*.
30. Explain classification of Syphilis with investigations.
31. Explain *stambhan chikitsa*.
32. Describe causes of *Shukralpta*.
33. Explain *Purvakarma* of *Rasayan Chikitsa*.
34. Explain *Paschatkarma* of *Rasayan Chikitsa*.

35. Explain *Paschatkarma* of *Vajikaran Chikitsa*.
36. Explain classification of *Rasayan Dravya*.
37. Explain classification of *Vajikaran Dravya*.
38. Describe various antioxidants in *Ayurveda* with its mechanism of action.
39. Explain *daivya-vyapashraya chikitsa*
40. Explain role of Yoga in prevention of Diseases.

5 Mark Questions -

1. Explain importance of *naadi, vaya and bala* in treatment of diseases in brief.
2. Describe the clinical findings and management of drug allergy.
3. Explain '*Chikitsa-Chatushpada*' in details.
4. Explain importance of *Agni* in management of diseases.
5. Explain *shata-kriya-kala* in detail.
6. Explain *aushadh sevan kala* according to *Charaka-acharya*.
7. Explain *sanyas* and give treatment of syncope in detail.
8. Explain national Tuberculosis control programme.
9. Explain naturopathy in brief.
10. Explain basics of *siddha* system of medicine.
11. Explain national Malaria control programme.
12. Explain *Samanyaj* and *Nanatmaj Vyadhi*.
13. Explain *Dvividh Upakram*.
14. Explain importance and advantages of *Rasayan And Vajikarana* in treatment of diseases.
15. Define the term *Manas* and *samana chikitsa siddhant* of *Manas Roga*.
16. Describe the clinical features, investigations and management of Alzheimer's disease.
17. Define Myocardial infarction, its investigations and Management.
18. Give Differential Diagnosis of Acute Abdomen.
19. Define shock, its classification and Complications.
20. Explain the causes of Convulsions with its management.
21. Explain autoimmune disorders with management of any 2.
22. Define oligouria with its management.
23. Describe investigations and management of Appendicitis.
24. Describe pathogenesis, investigations and management of *Klaivya*.
25. Define Gonorrhoea with its clinical findings and management.
26. Describe *Updansha* according to *Ayurveda*.
27. Explain role of *Pathya* and *Apathya* in management of disease.
28. Explain *langhan* and *Brihan* in detail.
29. Describe role of *rasayan* and *vajikaran* in immunomodulation.
30. Describe role of immunomodulators and antioxidants in *Rasayan*.
31. Enlist types of *avarana* with its management.
32. Describe iatrogenic factors in production of disease.
33. Describe *kutipraveshic rasayan* in detail.
34. Describe *lakshanas* and *chikitsa* of *Firang*.
35. Describe Unani system of medicine.
36. Describe role of Physiotherapy in management of Lumber Spondylitis.

37. Describe role of rehabilitation in Stroke.
38. Describe management of diseases produced by environmental factors.
39. Describe role of *agni* in production of diseases.
40. Describe National AIDS control Programme in detail.

15 Mark Questions -

1. Explain *Vyadhi Kshamatva* and its types in detail.
2. Write causes & symptoms of Hypertension & explain its Treatment.
3. Write in detail *hetu, lakshane, samprapti* & treatment of *Pakshavadha*.
4. Write in details about *Samprapti* of *Swas* & explain Treatment according to *Ayurveda* & Modern Medicine
5. Write Types & explain *Hetu, Samprapti* & Treatment of *Udar*
6. Write Definition, Benefits of *Rasayan Chikitsa*. Describe in detail about Types of *Rasayan*. Elaborate *Vardhaman Rasayan* & *Shilajit Rasayan*
7. List Nutritional Deficiency Disorders. Describe in detail about Iron Deficiency Anaemia.
8. Write in detail description of *Samanya* and *Vishesh Chikitsa Sutra* and Management of *Jwara* and its types.
9. What are worst autoimmune diseases? Explain Causes, Pathogenesis, Characteristic features, Treatment of Rheumatoid Arthritis according to Modern.
10. Explain *Hetu, Samprapti, Lakshane* and *Chikitsa* of *Pandu Vyadhi*.
11. Explain *Hetu, Samprapti, Lakshane* and *Chikitsa* of *Kamla Vyadhi*. Write difference between *Kamla, Kumbhakamla, Halimak*.
12. Write difference between chicken pox and small pox. And explain its treatment.
13. Write difference between Hypothyroidism and Hyperthyroidism. Explain Treatment for each.
14. Which are three main electrolytes? What causes electrolyte imbalance. Write down common symptoms of electrolyte imbalance. Which organ is responsible for electrolyte imbalance? Write down treatment for it.
15. Explain *Hetu, Samprapti, types, Lakshane* and *Chikitsa* of *Kasa Vyadhi*.
16. Explain *Hetu, Samprapti, types, Lakshane* and *Chikitsa* of *Rajyakshma*.
17. Explain *hetu, Samprapti, Samanya* and *Vishesh Lakshane, types* and *chikitsa* of *Amlapitta*.
18. Explain Hyperacidity according to Modern.
19. Explain causes, symptoms and treatment of Acid reflux Disease.
20. Write down types, *samprapti, samanya lakshane, sadhyaasadhyata* of *krimi*. Write down *bahyakrimi chikitsa* and *aabhyantar krimi chikitsa*. Explain *Aamatisar*.

21. Explain definition, types, *Hetu*, *Samprapti*, *Purvrap*, *Samanya Lakshane*, *Vishesh Lakshane*, and treatment of *Atisar*.
22. Explain causes, symptoms and treatment of Diarrhoea.
23. Explain *Tamakswas* (Asthma) according to *Ayurveda* and Modern.
24. Explain aetiopathology of IBS and describe treatment protocol for *Pravahika* according to *Ayurved*. Write down differential diagnosis of *Adhmana*, *Atopa* and *Anaha* along with respective treatment.
25. Explain *Dushti Hetu & Lakshana* of *Annavaha Strotasa* along with treatment protocol according to *Ayurved*.
26. What is the *Pranavaha Strotas Dushti Hetu*. Explain treatment of *Rajayakshma* in detail.
27. What are *rasa-pradoshaja* diseases (*vyadhi*)? Explain its *Samanya* and *Vishesh Chikitsa Sutra*.
28. What are *rakta-pradoshaja* diseases (*vyadhi*)? Explain its *Samanya* and *Vishesh Chikitsa Sutra*. What is the *chikitsa-sutra* of *Vata-Rakta*?
29. Write down causes, symptoms and treatment of Pancreatitis.
30. Describe Addison's disease in detail.